

Shawn Kimbro

125 East Main Street, Stevensville, MD 21666

Shawn Kimbro is the author of two popular fishing books, *Chesapeake Light Tackle, An Introduction to Light Tackle Fishing on the Chesapeake Bay* and *The Right Stuff, Gear and Attitudes for Trophy Light Tackle Fishing*.

A frequent speaker to fishing clubs, environmental groups, and conservation organizations, he is recognized and respected across the



Chesapeake region as a leading voice for stewardship within the fishing community. His innovative and conservation-oriented fishing techniques have been written about in the Washington Post, the Baltimore Sun, The Annapolis Capital, Chesapeake Bay magazine, Field & Stream, Saltwater Sportsman, and other publications. He was recently profiled in an illustrated six-page feature in Angler's Journal. His how-to fishing videos have garnered nearly a million views on YouTube and on other social media outlets, and his blog, ChesapeakeLightTackle.com is one of the most visited fishing websites in the region. His new book, *Chesapeake Bay Panfish* is due out this fall.

Professional: Director of the Sleep Disorders Program, Department of Pulmonary and Critical Care Medicine, The George Washington University Medical Faculty Associates, Washington D.C. Responsible for the oversight, direction, and daily management of one of the largest and most highly respected sleep disorders programs in the country with an award winning sleep testing facility, a highly regarded sleep fellowship curriculum, and an active research agenda. Shawn's research interests include circadian rhythm investigation and advancements in the treatment of sleep apnea. He has authored or co-authored more than thirty research papers for scientific journals. He is a registered polysomnographic technologist (RPSGT), a registered sleep therapist (RST) and a Certified Sleep Educator (CSE).

President – National Sleep Center Consulting Network, Washington DC

Owner – Trailzone Publishing, Stevensville, Maryland

Volunteer Work: Coordinator of Careful Catch Program, a joint initiative with the Boat US Foundation, The Chesapeake Bay Foundation, and CCA Maryland.

Maryland state board member for the Coastal Conservation Association

National board member for Coastal Conservation Association

Maryland Sports Fisheries Advisory Commission (proxy)

Vice President and Treasurer for the Washington D.C. Metropolitan Sleep Society
Past President and Founder of the Tennessee Sleep Society

Education: David Lipscomb University, Vanderbilt University, United States Army Intelligence School, National Security Agency, U.S. Army Veteran

Personal: Shawn lives with his wife Dianne Miller, Esq. on Kent Island, Maryland.